## North Carolina 2012 Questionnaire Behavioral Risk Factor Surveillance System

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## Interviewer's Script for Cell Phone Interviews

HELLO, I am calling for the <u>(health department)</u>. My name is <u>(name)</u>. We are gathering information about the health of <u>North Carolina</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

Is this a safe time to talk with you?

Yes [Go to phone]

No

If "No",

Thank you very much. We will call you back at a more convenient time. ([Set appointment if possible]) **STOP** 

### **Phone**

Is this <u>(phone number)</u>?

Yes [Go to cellular phone]
No [Confirm phone number]

If "No",

Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. **STOP** 

#### **Cellular Phone**

Is this a cellular telephone?

**READ ONLY IF NECESSARY:** "By cellular telephone, we mean a telephone that is mobile and usable outside of your neighborhood."

Yes [Go to adult]

No

If "No",

Thank you very much, but we are only interviewing cell telephones at this time. STOP

### **Adult**

Are you 18 years of age or older?

Yes, respondent is male [Go to Private Residence]
Yes, respondent is female [Go to Private Residence]

3 **No** 

If "No",

Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP** 

### **Private Residence**

Do you live in a private residence?

**READ ONLY IF NECESSARY:** "By private residence, we mean someplace like a house or apartment."

Yes [Go to state of residence] No [Go to college housing]

## **College Housing**

Do you live in college housing?

**READ ONLY IF NECESSARY:** "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university."

Yes

No

If "No",

Thank you very much, but we are only interviewing persons who live in a private residence or college housing at this time. **STOP** 

## **State of Residence**

Are you a resident of \_\_\_\_\_\_?

Yes [Go to landline] No [Go to state]

### **State**

In what state do you live?

ENTER FIPS STATE

### Landline

Do you also have a landline telephone in your home that is used to make and receive calls?

**READ ONLY IF NECESSARY:** "By landline telephone, we mean a "regular" telephone in your home that is used for making or receiving calls." Please include landline phones used for both business and personal use."

**Interviewer Note:** Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services.).

Yes [Go to cellular phone usage]

No [Go to Core]

NOTE: If the response is "don't know/not sure, or refused",

Thank you for your time. STOP

### **Cellular Phone Usage**

Thinking about all the phone calls that you receive on your landline and cell phone, what percent, between 0 and 100, are received on your cell phone?

\_ \_ \_ % Record value between 1% and 100%, allow for DK and REF responses.

888 Zero

777 Don't know/Not sure

999 Refused

If "90-100" [Go to Core]

NOTE: If the response is "0-89", don't know/not sure, or refused", Thank you very much. Those are all the questions that I have for you today. **STOP** 

# **Interviewer's Script for Landline Interviews**

information abo with assistance	alling for the <u>(health department)</u> . My name is <u>(name)</u> . We are gathering that the health of <u>(state)</u> residents. This project is conducted by the health department from the Centers for Disease Control and Prevention. Your telephone number has been ally, and I would like to ask some questions about health and health practices.
Is this <b>(phon</b>	e number) ?  If "no,"  Thank you very much, but I seem to have dialed the wrong number. It's possible that you number may be called at a later time. STOP
Is this a private	residence in(state) ?  If "no,"  Thank you very much, but we are only interviewing private residences in(state) STOP
Is this a cellular	telephone?
	ecessary: "By cellular (or cell) telephone we mean a telephone that is mobile and e of your neighborhood."
	If "yes,"  Thank you very much, but we are only interviewing land line telephones and private residences. STOP
	mly select one adult who lives in your household to be interviewed. How many members old, including yourself, are 18 years of age or older?
	Number of adults
	If "1," Are you the adult?
	If "yes," Then you are the person I need to speak with. Enter 1 man or 1 woman below (Ask gender if necessary). Go to page 5.
	If "no," Is the adult a man or a woman? Enter 1 man or 1 woman below. May I speak with [fill in (him/her) from previous question]? Go to "correct respondent" on the next page.
How many of th	nese adults are men and how many are women?
	Number of men
	Number of women
The person in y	our household that I need to speak with is
	If "you," go to page 5

## To the correct respondent:

HELLO, I am calling for the <u>(health department)</u>. My name is <u>(name)</u>. We are gathering information about the health of <u>(state)</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

## **Core Sections**

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please call **(give appropriate state telephone number)**.

## Section 1: Health Status

**1.1** Would you say that in general your health is—

(73)

#### Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair

Or

5 Poor

#### Do not read:

- 7 Don't know / Not sure
- 9 Refused

## Section 2: Healthy Days — Health-Related Quality of Life

2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

(74 - 75)

- Number of days
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

2.2	Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?		
	good:	(7	76–77)
	- 8 8 7 7 9 9	Number of days None Don't know / Not sure Refused  [If Q2.1 and Q2.2 = 88 (None), go to next section	n]
2.3	_	the past 30 days, for about how many days did poor physical or mental healt ou from doing your usual activities, such as self-care, work, or recreation? (	th 78-79)
	8 8 7 7 9 9	Number of days None Don't know / Not sure Refused	
Section 3:	Health	Care Access	
3.1		have any kind of health care coverage, including health insurance, prepaid s HMOs, government plans such as Medicare, or Indian Health Service?	plans (80)
	1 2 7 9	Yes No Don't know / Not sure Refused	
3.2	Do you	have one person you think of as your personal doctor or health care provide	er?
		" ask: "Is there more than one, or is there no person who you think of a ersonal doctor or health care provider?"	
			(81)
	1 2 3 7 9	Yes, only one More than one No Don't know / Not sure Refused	
3.3		ere a time in the past 12 months when you needed to see a doctor but could e of cost?	
	1 2 7 9	Yes No Don't know / Not sure Refused	(82)

3.4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

(83)

- 1 Within past year (anytime less than 12 months ago)
- Within past 2 years (1 year but less than 2 years ago)
- Within past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
- 7 Don't know / Not sure
- 8 Never
- 9 Refused

## Section 4: Exercise

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(84)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Section 5: Chronic Health Conditions

Now I would like to ask you some questions about general health conditions.

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

**5.1** (Ever told) you that you had a heart attack also called a myocardial infarction?

(85)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- **5.2** (Ever told) you had angina or coronary heart disease?

(86)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

5.3	(Ever tola) you	nad a stroke?		(07)
	1 2 7 9	Yes No Don't know / Not sure Refused		(87)
5.4	(Ever told) you	had asthma?		(88)
	1 2 7 9	Yes No Don't know / Not sure Refused	[Go to Q5.6] [Go to Q5.6] [Go to Q5.6]	
5.5	Do you still have	e asthma?		(89)
	1 2 7 9	Yes No Don't know / Not sure Refused		
5.6	(Ever told) you	had skin cancer?		
	1 2 7 9	Yes No Don't know / Not sure Refused		(90)
5.7	(Ever told) you	had any other types of c	ancer?	
	1 2 7 9	Yes No Don't know / Not sure Refused		(91)
5.8	(Ever told) you chronic bronchi		e Pulmonary Disease or COPD, e	mphysema or
	1 2 7 9	Yes No Don't know / Not sure Refused		(92)

5.9	(Ever told) you I fibromyalgia?	have some form of arthritis, rheumatoid arthritis, gout, lupus, or	(93)
	1 2 7 9	Yes No Don't know / Not sure Refused	,
	INTERVIEWER	NOTE: Arthritis diagnoses include:	
	<ul> <li>osteoarthriti</li> <li>tendonitis, b</li> <li>carpal tunne</li> <li>joint infectio</li> <li>ankylosing s</li> <li>rotator cuff</li> <li>connective</li> </ul>	tissue disease, scleroderma, polymyositis, Raynaud's syndrome iiant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomato	osis,
5.10		have a depressive disorder, including depression, major depression, inor depression?	
	1 2 7 9	Yes No Don't know / Not sure Refused	(94)
5.11	(Ever told) you I	have kidney disease? Do NOT include kidney stones, bladder intinence.	
	INTERVIEWER	NOTE: Incontinence is not being able to control urine flow.	(95)
	1	Yes	

2 7 9 No

Don't know / Not sure Refused

11

**5.12** Do you have any trouble seeing, even when wearing glasses or contact lenses?

(96)

- 1 Yes
- 2 No
- 3 Not applicable (blind)
- 7 Don't know / Not sure
- 9 Refused

## **5.13** (Ever told) you have diabetes?

(97)

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

If respondent says pre-diabetes or borderline diabetes, use response code 4.

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 4 No, pre-diabetes or borderline diabetes
- 7 Don't know / Not sure
- 9 Refused

CATI note: If Q5.13 = 1 (Yes), go to Diabetes Optional Module (if used). If any other response to Q5.13, go to Pre-Diabetes Optional Module (if used), otherwise, go to next section.

## Section 6: Oral Health

How long has it been since you last visited a dentist or a dental clinic for any reason? Include visits to dental specialists, such as orthodontists.

(98)

### Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

#### Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused

6.2	disease	any of your permanent teeth have been removed because of tooth decay of e? Include teeth lost to infection, but do not include teeth lost for other reas injury or orthodontics.	
		If wisdom teeth are removed because of tooth decay or gum disease, I be included in the count for lost teeth.	-
	1 2 3 8 7 9	1 to 5 6 or more but not all All None Don't know / Not sure Refused	(99)
Section 7:	Demo	graphics	
7.1	What is	s your age?	00-101)
	0 7 0 9	Code age in years Don't know / Not sure Refused	
7.2	Are you	u Hispanic or Latino?	(102)
	1 2 7 9	Yes No Don't know / Not sure Refused	(102)
7.3	Which	one or more of the following would you say is your race?	)3 -108)
	(Check	c all that apply)	
	Please	read:	
	1 2 3 4 5	White Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian or Alaska Native	
	Or		

Other [specify]\_\_\_\_\_

	Do no	t read:	
	8 7 9	No additional choices Don't know / Not sure Refused	
CATI note: If I	more tha	an one response to Q7.3; continue. Otherwise, go to Q7.5.	
7.4	Which	one of these groups would you say best represents your race?	(109)
	Please	e read:	(100)
	1 2 3 4 5	White Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian or Alaska Native	
	Or		
	6	Other [specify]	
	Do no	t read:	
	7 9	Don't know / Not sure Refused	
7.5	the reg	you ever served on active duty in the United States Armed Forces, either in gular military or in a National Guard or military reserve unit? Active duty do a training for the Reserves or National Guard, but DOES include activation ble, for the Persian Gulf War.	es not
	1 2	Yes No	
		t read:	
	7 9	Don't know / Not sure Refused	
7.6	Are yo	u?	(111)
	Please	e read:	

Married

Divorced Widowed Separated Never married

5

	Or		
	6 A	member of an unmarried couple	
	Do not re	ead:	
	9 R	Refused	
7.7	How man	y children less than 18 years of age live in your household?	(112-113)
	8 8 N	lumber of children Ione Refused	
7.8	What is th	ne highest grade or year of school you completed?	(114)
	Read onl	y if necessary:	
	2 G 3 G 4 G 5 C	lever attended school or only attended kindergarten Grades 1 through 8 (Elementary) Grades 9 through 11 (Some high school) Grade 12 or GED (High school graduate) College 1 year to 3 years (Some college or technical school) College 4 years or more (College graduate)	
	Do not re	ead:	
	9 R	Refused	
7.9	Are you c	surrently?	(115)
	Please re	ead:	(113)
	2 S 3 C 4 C 5 A 6 A	Employed for wages Self-employed Out of work for more than 1 year Out of work for less than 1 year A Homemaker A Student Retired	
	Or		
	8 L	Inable to work	
	Do not re	ead:	
	a R	Pafusad	

## **7.10** Is your annual household income from all sources—

(116-117)

### If respondent refuses at ANY income level, code '99' (Refused)

#### Read only if necessary:

- 0 4 Less than \$25,000 **If "no," ask 05; if "yes," ask 03** (\$20,000 to less than \$25,000)
- 0 3 Less than \$20,000 **If "no," code 04; if "yes," ask 02** (\$15,000 to less than \$20,000)
- 0 2 Less than \$15,000 **If "no," code 03; if "yes," ask 01** (\$10,000 to less than \$15,000)
- 0 1 Less than \$10,000 If "no," code 02
- 0 5 Less than \$35,000 **If "no," ask 06** (\$25,000 to less than \$35,000)
- 0 6 Less than \$50,000 **If "no," ask 07** (\$35,000 to less than \$50,000)
- 0 7 Less than \$75,000 **If "no," code 08** (\$50,000 to less than \$75,000)
- 0 8 \$75,000 or more

#### Do not read:

- 7 7 Don't know / Not sure
- 9 9 Refused
- **7.11** About how much do you weigh without shoes?

(118-121)

## NOTE: If respondent answers in metrics, put "9" in column 118.

### Round fractions up

\_ \_ \_ Weight (pounds/kilograms)

7 7 7 7 Don't know / Not sure

9 9 9 9 Refused

7.12	About how tall are you without shoes? (122-125)
	NOTE: If respondent answers in metrics, put "9" in column 122.
	Round fractions down
	/ Height (f t / inches/meters/centimeters) 7 7/ 7 7 Don't know / Not sure 9 9/ 9 9 Refused
7.13	What county do you live in? (126-128)
	ANSI County Code (formerly FIPS county code) To 7 7 Don't know / Not sure Refused
7.14	What is the ZIP Code where you live? (129-133)
	ZIP Code 77777 Don't know / Not sure 99999 Refused
7.15	Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine. (134)
	1 Yes 2 No [Go to Q7.17] 7 Don't know / Not sure [Go to Q7.17] 9 Refused [Go to Q7.17]
7.16	How many of these telephone numbers are residential numbers? (135)
	Residential telephone numbers [6 = 6 or more] Don't know / Not sure Refused

7.17		have a cell phone for personal use? Please include cell phones used for business and personal use.		
	1 2 7 9	Yes No Don't know / Not sure Refused	[Go to Q7.19]	
7.18	Do you adults?		ersonal use, at least one-third of the time, with other (137)	
	1 2 7 9	Yes No Don't know / Not sure Refused	[Go to Q7.20] [Go to Q7.21] [Go to Q7.21] [Go to Q7.21]	
7.19	Do you	usually share this cell ph	one, at least one-third of the time, with any other adults? (138)	
	1 2 7 9	Yes No Don't know / Not sure Refused		
7.20			ls that you receive on your landline and cell phone, what received on your cell phone? (139-141)	
	 888 777 999	Enter percent (1 to 100) Zero Don't know / Not sure Refused		
7.21	Do you	own or rent your home?	(142)	
	1 2 3 7 9	Own Rent Other arrangement Don't know / Not sure Refused		

INTERVIEWER NOTE: "Other arrangement" may include group home, staying with friends or family without paying rent.

NOTE: Home is defined as the place where you live most of the time/the majority of the year.

7.22	Indicate so	ex of respondent.	Ask only if necessa	ary.	(143)
	1 Ma	ale [Go to Female section]	o next section] [If respondent is	45 years old or old	der, go to next
7.23	To your kn	owledge, are you n	ow pregnant?		(144)
Section 8:	Disabilit	у			
The following of	questions are	about health probl	lems or impairments	you may have.	
8.1	Are you lim problems?		any activities because	of physical, menta	al, or emotional (145)
			<b>;</b>		
8.2			problem that requires al bed, or a special te		equipment, such as
	Include oc	casional use or u	se in certain circum	stances.	
			<b>;</b>		

## Section 9: Tobacco Use

99

Refused

9.1 Have you smoked at least 100 cigarettes in your entire life? (147)NOTE: 5 packs = 100 cigarettes 1 Yes 2 No [Go to Q9.5] 7 Don't know / Not sure [Go to Q9.5] 9 Refused [Go to Q9.5] 9.2 Do you now smoke cigarettes every day, some days, or not at all? (148)Every day 1 2 Some days 3 Not at all [Go to Q9.4] 7 Don't know / Not sure [Go to Q9.5] 9 Refused [Go to Q9.5] 9.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to guit smoking? (149)Yes 1 [Go to Q9.5] 2 [Go to Q9.5] No 7 Don't know / Not sure [Go to Q9.5] 9 Refused [Go to Q9.5] 9.4 How long has it been since you last smoked a cigarette, even one or two puffs? (150-151)0 1 Within the past month (less than 1 month ago) 02 Within the past 3 months (1 month but less than 3 months ago) Within the past 6 months (3 months but less than 6 months ago) 0.3 04 Within the past year (6 months but less than 1 year ago) 05 Within the past 5 years (1 year but less than 5 years ago) 06 Within the past 10 years (5 years but less than 10 years ago) 0.7 10 years or more 77 Don't know / Not sure

**9.5** Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?

#### Snus (rhymes with 'goose')

NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum. (152)

- 1 Every day
- 2 Some days
- 3 Not at all

#### Do not read:

- 7 Don't know / Not sure
- 9 Refused

## Section 10: Alcohol Consumption

- During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor? (153-155)
  - 1 \_ \_ Days per week
  - 2 \_ \_ Days in past 30 days
  - 8 8 8 No drinks in past 30 days [Go to next section]
    7 7 7 Don't know / Not sure [Go to next section]
    9 9 9 Refused [Go to next section]
- One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

- Number of drinks
- 7 7 Don't know / Not sure
- 9 9 Refused
- 10.3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have X [CATI X = 5 for men, X = 4 for women] or more drinks on an occasion?

(158-159)

(156-157)

- \_ \_ Number of times
- 88 None
- 7 7 Don't know / Not sure
- 9 9 Refused

During the past 30 days, what is the largest number of drinks you had on any occasion? (160-161)

Number of drinks

77 Don't know / Not sure

9 9 Refused

## Section 11: Immunization

Now I will ask you questions about the seasonal flu vaccine. There are two ways to get the seasonal flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist™. During the past 12 months, have you had either a seasonal flu shot or a seasonal flu vaccine that was sprayed in your nose?

(162)

#### **READ IF NECESSARY:**

A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

1 Yes

2	No	[Go to Q11.4]
7	Don't know / Not sure	[Go to Q11.4]
9	Refused	[Go to Q11.4]

During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?

(163-168)

\_\_/\_\_ Month / Year 77/7777 Don't know / Not sure 99/9999 Refused

11.3 At what kind of place did you get your last flu shot/vaccine?

(169-170)

- 0 1 A doctor's office or health maintenance organization (HMO)
- 0 2 A health department
- 0 3 Another type of clinic or health center (Example: a community health center)
- 0.4 A senior, recreation, or community center
- 0.5 A store (Examples: supermarket, drug store)
- 0 6 A hospital (Example: inpatient)
- 07 An emergency room
- 08 Workplace
- 0 9 Some other kind of place
- 1 0 Received vaccination in Canada/Mexico (Volunteered Do not read)
- 11 A school
- 7 7 Don't know / Not sure (*Probe:* "How would you describe the place where you went to get your most recent flu vaccine?"

#### Do not read:

99 Refused

- A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

  (171)
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused

## Section 12: Falls

If respondent is 45 years or older continue, otherwise go to next section.

Next, I will ask about recent falls. By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level.

12.1 In the past 12 months, how many times have you fallen?

(172-173)

Number of times [76 = 76 or more]
None [Go to next section]
Refused [Go to next section]

12.2 [Fill in "Did this fall (from Q12.1) cause an injury?"]. If only one fall from Q12.1 and response is "Yes" (caused an injury); code 01. If response is "No," code 88.

How many of these falls caused an injury? By an injury, we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor.

(174-175)

- \_ Number of falls [76 = 76 or more]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

## Section 13: Seatbelt Use

13.1 How often do you use seat belts when you drive or ride in a car? Would you say—

(176)

### Please read:

- 1 Always
- 2 Nearly always
- 3 Sometimes
- 4 Seldom
- 5 Never

### Do not read:

- 7 Don't know / Not sure
- 8 Never drive or ride in a car
- 9 Refused

CATI note: If Q13.1 = 8 (Never drive or ride in a car), go to Section 15; otherwise continue.

## Section 14: Drinking and Driving

CATI note: If Q10.1 = 888 (No drinks in the past 30 days); go to next section.

The next question is about drinking and driving.

**14.1** During the past 30 days, how many times have you driven when you've had perhaps too much to drink?

(177-178)

- Number of times
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

## Section 15: Breast and Cervical Cancer Screening

CATI note: If respondent is male, go to the next section.

The next questions are about breast and cervical cancer.

**15.1** A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

(179)

- 1 Yes
- 2 No [Go to Q15.3]
- 7 Don't know / Not sure **[Go to Q15.3]**
- 9 Refused [Go to Q15.3]

Read only if necessary: 1 Within the past year (anytime less than 12 months ago) 2 Within the past 2 years (1 year but less than 2 years ago) 3 Within the past 3 years (2 years but less than 3 years ago) 4 Within the past 5 years (3 years but less than 5 years ago) 5 5 or more years ago Do not read: Don't know / Not sure 9 Refused 15.3 A clinical breast exam is when a doctor, nurse, or other health professional feels the breasts for lumps. Have you ever had a clinical breast exam? (181)1 Yes 2 No [Go to Q15.5] 7 Don't know / Not sure [Go to Q15.5] 9 Refused [Go to Q15.5] 15.4 How long has it been since your last breast exam? (182)Read only if necessary: Within the past year (anytime less than 12 months ago) 2 Within the past 2 years (1 year but less than 2 years ago) 3 Within the past 3 years (2 years but less than 3 years ago) 4 Within the past 5 years (3 years but less than 5 years ago) 5 5 or more years ago Do not read: 7 Don't know / Not sure 9 Refused 15.5 A Pap test is a test for cancer of the cervix. Have you ever had a Pap test? (183)1 Yes 2 Nο [Go to Q15.7] 7 Don't know / Not sure [Go to Q15.7] 9 Refused [Go to Q15.7]

How long has it been since you had your last mammogram?

15.2

(180)

15.6 How long has it been since you had your last Pap test?

(184)

### Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 or more years ago

#### Do not read:

- 7 Don't know / Not sure
- 9 Refused

CATI note: If response to Core Q7.23 = 1 (is pregnant); then go to next section.

**15.7** Have you had a hysterectomy?

(185)

Read only if necessary: A hysterectomy is an operation to remove the uterus (womb).

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Section 16: Prostate Cancer Screening

CATI note: If respondent is <39 years of age, or is female, go to next section.

Now, I will ask you some questions about prostate cancer screening.

A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Has a doctor, nurse, or other health professional EVER talked with you about the advantages of the PSA test?

(186)

- 1 Yes
- 2 No
- 7 Don't Know / Not sure
- 9 Refused
- Has a doctor, nurse, or other health professional EVER talked with you about the disadvantages of the PSA test? (187)
  - 1 Yes
  - 2 No
  - 7 Don't Know / Not sure
  - 9 Refused

16.3	Has a doctor, nurse, or other health professional EVER recommended that you have a PSA test? (188)				
	1 2 7 9	Yes No Don't Know / Not sure Refused	[Go to next section] [Go to next section] [Go to next section]		
16.4	Have you EVER HAD a PSA test?			(189)	
	1 2 7 9	Yes No Don't Know / Not sure Refused	[Go to next section] [Go to next section] [Go to next section]		
16.5	How lo	ng has it been since you	had your last PSA test?	(190)	
	Read only if necessary:				
	1 2 3 4 5	Within the past 2 years Within the past 3 years	nytime less than 12 months ago) (1 year but less than 2 years) (2 years but less than 3 years) (3 years but less than 5 years)		
	Do not read:				
	7 9	Don't know / Not sure Refused			
16.6	What was the MAIN reason you had this PSA test – was it? (191)			(191)	
	Please read:				
	1 2 3 4 5	Part of a routine exam Because of a prostate p Because of a family hist Because you were told Some other reason			
	Do Not Read:				
	7 9	Don't know / Not sure Refused			

## Section 17: Colorectal Cancer Screening

#### CATI note: If respondent is $\leq$ 49 years of age, go to next section.

The next questions are about colorectal cancer screening.

A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

(192)

- 1 Yes
- No [Go to Q17.3]
   Don't know / Not sure [Go to Q17.3]
   Refused [Go to Q17.3]
- 17.2 How long has it been since you had your last blood stool test using a home kit?

(193)

## Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 or more years ago

#### Do not read:

- 7 Don't know / Not sure
- 9 Refused
- 17.3 Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?

(194)

- 1 Yes
- 2 No [Go to next section]
  7 Don't know / Not sure [Go to next section]
  9 Refused [Go to next section]
- For a SIGMOIDOSCOPY, a flexible tube is inserted into the rectum to look for problems. A COLONOSCOPY is similar, but uses a longer tube, and you are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test. Was your MOST RECENT exam a sigmoidoscopy or a colonoscopy?

(195)

- 1 Sigmoidoscopy
- 2 Colonoscopy
- 7 Don't know / Not sure
- 9 Refused

17.5 How long has it been since you had your last sigmoidoscopy or colonoscopy?

(196)

### Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- Within the past 10 years (5 years but less than 10 years ago)
- 6 10 or more years ago

#### Do not read:

- 7 Don't know / Not sure
- 9 Refused

## Section 18: HIV/AIDS

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

(197)

- 1 Yes
- 2 No [Go to Q18.3] 7 Don't know / Not sure [Go to Q18.3] 9 Refused [Go to Q18.3]
- 18.2 Not including blood donations, in what month and year was your last HIV test?

(198-203)

NOTE: If response is before January 1985, code "Don't know." CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

\_\_\_/\_\_ Code month and year 7 7/ 7 7 7 Don't know / Not sure 9 9/ 9 9 9 9 Refused / Not sure

- 18.3 I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You do not need to tell me which one.
  - You have used intravenous drugs in the past year.
  - You have been treated for a sexually transmitted or venereal disease in the past year.
  - You have given or received money or drugs in exchange for sex in the past year.
  - You had anal sex without a condom in the past year.

Do any of these situations apply to you?

(204)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## **CDC Optional Modules (29 Questions)**

## Module 1: Pre-Diabetes

NOTE: Only asked of those not responding "Yes" (code = 1) to Core Q5.12 (Diabetes awareness question).

1. Have you had a test for high blood sugar or diabetes within the past three years?

(210)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CATI note: If Core Q5.12 = 4 (No, pre-diabetes or borderline diabetes); answer Q2 "Yes" (code = 1).

**2.** Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

(211)

- 1 Yes
- 2 Yes, during pregnancy
- 3 No
- 7 Don't know / Not sure
- 9 Refused

## Module 2: Diabetes

To be asked following Core Q5.12; if response is "Yes" (code = 1)

1. How old were you when you were told you have diabetes?

(212-213)

- \_ \_ Code age in years [97 = 97 and older]
- 9 8 Don't know / Not sure
- 9 9 Refused

<b>Z.</b>	Are you	a now taking insulin:	(214)
	1 2 9	Yes No Refused	
3.	checke	now often do you check your blood for glucose or sugar? Include times w d by a family member or friend, but do NOT include times when checked professional.	
	1 2 3 4 8 8 8 7 7 7 9 9 9		
4.	checke	now often do you check your feet for any sores or irritations? Include time d by a family member or friend, but do NOT include times when checked professional.	
	1 2 3 4 5 5 5 8 8 8 7 7 7 9 9 9		
5.		now many times in the past 12 months have you seen a doctor, nurse, or professional for your diabetes?	other (221-222)
	 8 8 7 7 9 9	Number of times [76 = 76 or more] None Don't know / Not sure Refused	
6.	months	or "A one C" measures the average level of blood sugar over the past three. About how many times in the past 12 months has a doctor, nurse, or of professional checked you for "A one C"?  Number of times [76 = 76 or more]  None  Never heard of "A one C" test	

7 7 Don't know / Not	t sure
----------------------	--------

9 9 Refused

## CATI note: If Q4 = 555 (No feet), go to Q8.

**7.** About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

(225-226)

- \_ \_ Number of times [76 = 76 or more]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused
- When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

(227)

## Read only if necessary:

- 1 Within the past month (anytime less than 1 month ago)
- Within the past year (1 month but less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 4 2 or more years ago

#### Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused
- **9.** Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

(228)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- **10.** Have you ever taken a course or class in how to manage your diabetes yourself?

(229)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Module 18: Social Context

Now, I am going to ask you about several factors that can affect a person's health.

## If Core Q7.21 = 1 or 2 (own or rent) continue, else go to Q2.

1. How often in the past 12 months would you say you were worried or stressed about having enough money to pay your rent/mortgage? Would you say you were worried or stressed---

(347)

#### Please read:

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never

#### Do not read:

- 8 Not applicable
- 7 Don't know / Not sure
- 9 Refused
- 2. How often in the past 12 months would you say you were worried or stressed about having enough money to buy nutritious meals? Would you say you were worried or stressed---

(348)

#### Please read:

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never

### Do not read:

- 8 Not applicable
- 7 Don't know / Not sure
- 9 Refused

If Core Q7.9 = 1 (Employed for wages) or 2 (Self-employed), go to Q3 and Q4.

If Core Q7.9 = 3 (Out of work for more than 1 year), 4 (Out of work for less than 1 year), or 7 (Retired), go to Q5 and Q6.

If Core Q7.9 = 5 (A homemaker), 6 (A student), or 8 (Unable to work), go Q6.

**3.** At your main job or business, how are you generally paid for the work you do. Are you:

(349)

- 1 Paid by salary
- 2 Paid by the hour
- 3 Paid by the job/task (e.g. commission, piecework)
- 4 Paid some other way
- 7 Don't know / Not sure
- 9 Refused

# INTERVIEWER NOTE: If paid in multiple ways at their main job, select option 4 (Paid some other way).

**4.** About how many hours do you work per week at all of your jobs and businesses combined?

(350-351)

- Hours (01-96 or more)
- 9 7 Don't know / Not sure
- 9 8 Does not work
- 9 9 Refused
- **5.** Thinking about the last time you worked, at your main job or business, how were you generally paid for the work you did? Were you:

(352)

- 1 Paid by salary
- 2 Paid by the hour
- 3 Paid by the job/task (e.g. commission, piecework)
- 4 Paid some other way
- 7 Don't know / Not sure
- 9 Refused
- Thinking about the last time you worked, about how many hours did you work per week at all of your jobs and businesses combined?

(353-354)

- \_ \_ Hours (01-96 or more)
- 9 7 Don't know / Not sure
- 9 8 Does not work
- 9 9 Refused

## Module 22: Adverse Childhood Experience

I'd like to ask you some questions about events that happened during your childhood. This information will allow us to better understand problems that may occur early in life, and may help others in the future. This is a sensitive topic and some people may feel uncomfortable with these questions. At the end of this section, I will give you a phone number for an organization that can provide information and referral for these issues. Please keep in mind that you can ask me to skip any question you do not want to answer.

All questions refer to the time period before you were 18 years of age. Now, looking back before you were 18 years of age—

1.	Did you live w	rith anyone who was depressed, mentally ill, or suicidal?	(379)
	1 2 7 9	Yes No Don't know / Not sure Refused	
2.	Did you live w	rith anyone who was a problem drinker or alcoholic?	(380)
	1 2 7 9	Yes No Don't know / Not sure Refused	,
3.	Did you live w	rith anyone who used illegal street drugs or who abused prescription medicati	ons? (381)
	1 2 7 9	Yes No Don't know / Not sure Refused	
4.		rith anyone who served time or was sentenced to serve time in a prison, jail, ctional facility?	(382)
	1 2 7 9	Yes No Don't know / Not sure Refused	,
5.	Were your parents separated or divorced?		(383)
	1 2 8 7 9	Yes No Parents not married Don't know / Not sure Refused	(666)
6.	How often did up? (384)	your parents or adults in your home ever slap, hit, kick, punch or beat each of	other
	1 2 3	Never Once More than once	

	Do not read:		
	7 9	Don't know / Not sure Refused	
7.		s, how often did a parent or adult in your home ever hit, beat, kick, or tyou in any way? Do not include spanking. Would you say	(205)
	1	Never	(385)
	2	Once	
	3	More than once	
	Do not read:		
	7 9	Don't know / Not sure Refused	
	9	Refuseu	
8.	How often did down?	a parent or adult in your home ever swear at you, insult you, or put you	(386)
	1	Never	(000)
	2	Once	
	3	More than once	
	Do no	ot read:	
	7 9	Don't know / Not sure Refused	
9.	How often did	anyone at least 5 years older than you or an adult touch you sexually?	(387)
	1	Never	
	2	Once	
	3	More than once	
	Do no	ot read:	
	7	Don't know / Not sure	
	9	Refused	
10	How often did sexually?	anyone at least 5 years older than you or an adult, try to make you touch	
			(388)
	1	Never	
	2	Once	
	3	More than once	

Do not read:

- 7 Don't know / Not sure
- 9 Refused
- 11. How often did anyone at least 5 years older than you or an adult, force you to have sex?

(389)

- 1 Never
- 2 Once
- 3 More than once

### Do not read:

- 7 Don't know / Not sure
- 9 Refused

As I mentioned when we started this section, I would give you a phone number for an organization that can provide information and referral for these issues. You can dial (place state or local hotline here) to reach a referral service to locate an agency in your area. [Note: if no local or state hotline is available, give respondent the National Hotline for child abuse 1-800-422-4-A-CHILD (1-800-422-4453).

# STATE-ADDED QUESTIONS (43 Questions)

# NC Module 1: Diabetes Control (4 questions)

### CATI: if Core Q5.13 not equal 1 (does not have diabetes), go to next NC Module

We have a few more questions about diabetes.

1. Urine tests for protein (microalbuminuria test) check if your kidneys are working properly. When was the last time that you received a urine test for protein?

### Read only if necessary

- 1 Within the last 12 months
- 2 Within the past two years (1 year but less than two years ago)
- 3 Two or more years
- 8 Never
- 7 Don Know/Not sure
- 9 Refused
- 2. Has a doctor ever told you that diabetes has affected your kidneys?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- **3.** During the past 12 months, was there any time that you did not have testing supplies (strips, lancets, meter) or diabetes medicine due to lack of money?
  - 1 Yes, only testing supplies
  - 2 Yes, only medicines
  - 3 Yes, testing supplies and medicines
  - 4 No
  - 7 Don't know/Not sure
  - 9 Refused
- 4. In the last year, have you had a hospitalization or emergency visit because of your diabetes?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused

# NC Module 2: Random Child Selection (2 Questions)

CATI: If Core Q7.7 = 88, or 99 (no children under age 18 in the household, or refused) go to NC Module 4

### If Core Q7.7 = 1; INTERVIEWER:

"Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child." [Go to Q1]

### If Core Q7.7 is > 1 and Core Q7.7 does not equal 88 or 99; INTERVIEWER:

"Previously, you indicated there were [number] children age 17 or younger in your household. Think about those [number] children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the [second/third/fourth, etc.] child."

### CATI INSTRUCTION: RANDOMLY SELECT ONE OF THE CHILDREN.

#### **INTERVIEWER:**

"I have some additional questions about one specific child. The child I will be referring to is the **[Fill: random number with format, e.g., 1st child]**. All of the following questions about children will be about that child."

NOTE: If there are two children with the same birth date, randomly select one.

**1.** In what month and year was he/she born?

\_\_\_\_\_ Month / Year
777777 Don't know/Not sure (Probe by repeating the question)
999999 Refused

### CATI INSTRUCTION: COMPUTE CHILD AGE (see 2010).

- **2.** Is the child a boy or a girl?
  - 1 Boy
  - 2 Girl
  - 9 Refused

# NC Module 3: CHAMP Follow-up (8 Questions)

- 1) if QSTPATH=11 and Ever Asthma (C05Q04 = 1 Yes) and 1+ children in HH (C07Q07 = 1--76) go to NC Module 4.
- 2) if QSTPATH=11 and Ever Asthma (C05Q04 >/= 2 No) and 1+ children in HH (C07Q07 = 1--76) go to NC03Q01-1a
- 4) if QSTPATH=11 and Ever Asthma (C05Q04 >/= 2 No) and no children in HH (C07Q07 = 88) go to NC Module 5.
- 5) if QSTPATH=12 and 1+ children in HH (C07Q07 = 1--76) go to NC03Q01 (if landline) or NC03Q01a (if cell phone)

#### Please read

"We are conducting a study to learn more about the health of children in North Carolina. The information we collect will help us improve child health services in our state. We would like to call you back within the next two weeks to ask some additional questions about this child." **If needed** say, "the one we've just been talking about."

1a. If landline, go to Q1.

**If cell phone**, **ask**: Are you well-informed about the child's health and able to answer questions about the health and health practices of this child?

- 1 Yes
- 2 No (or don't know) [Go to Q7]

- 1. All of the information we collect will be kept confidential. Would this be OK with you?
  - 1 Yes [If landline, go to Q2; If cell phone go to Q3a]
  - 2 No [Go to NC Module 4]
- 2. Are YOU the person in the household who knows the most about the health and health practices of this child?

1 Yes [Go to Q3a] 2 No (or don't know) [Go to Q3b]

**3a.** And what is your relationship to this child?

INTERVIEWER: IF respondent says "Mother" or "Father" PROBE: 'Are you his/her biological mother/father?'

- 1 Biological Mother
- 2 Step Mother
- 3 Adoptive Mother
- 4 Foster Mother
- 5 Biological Father
- 6 Step Father
- 7 Adoptive Father
- 8 Foster Father
- 9 Grandmother
- 10 Grandfather
- 11 Aunt
- 12 Uncle
- 13 Sister (of any type)
- 14 Brother (of any type)
- 15 Female Guardian
- 16 Male Guardian
- 17 Other relative
- 18 Mother Type Unknown
- 19 Father Type Unknown
- 20 Other relationship
- 77 Don't know
- 99 Refused

CATI: If cell phone, go to Q4.

CATI note: If Q2=2, Ask Q3b and Q3c; Otherwise, go to Q4.

CATI note2: numeric answer for Q3b needs to be UDF field "vNC03Q03b" for CHAMP11

**3b.** Who would that person be in your household (the person who knows most about the health of the child)?

INTERVIEWER: IF respondent says "Mother" or "Father" PROBE: 'Would this be his/her biological (real) mother/father?'

1 Biological Mother

- 2 Step Mother
- 3 Adoptive Mother
- 4 Foster Mother
- 5 Biological Father
- 6 Step Father
- 7 Adoptive Father
- 8 Foster Father
- 9 Grandmother
- 10 Grandfather
- 11 Aunt
- 12 Uncle
- 13 Sister (of any type)
- 14 Brother (of any type)
- 15 Female Guardian
- 16 Male Guardian
- 17 Other relative
- 18 Mother Type Unknown
- 19 Father Type Unknown
- 20 Other relationship
- 77 Don't know
- 99 Refused
- **3c.** And what is YOUR relationship to this child?

[CATI note: If Q3a  $\underline{or}$  Q3b = 01 (biological mother) then Q3c  $\underline{cannot}$  = 01; Else if Q3a  $\underline{or}$  Q3b = 05 (biological father) then Q3c  $\underline{cannot}$  = 05.

- 1 Biological Mother
- 2 Step Mother
- 3 Adoptive Mother
- 4 Foster Mother
- 5 Biological Father
- 6 Step Father
- 7 Adoptive Father
- 8 Foster Father
- 9 Grandmother
- 10 Grandfather
- 11 Aunt
- 12 Uncle
- 13 Sister (of any type)
- 14 Brother (of any type)
- 15 Female Guardian
- 16 Male Guardian
- 17 Other relative
- 18 Mother Type Unknown
- 19 Father Type Unknown
- 20 Other relationship
- 77 Don't know
- 99 Refused
- 4. Just to make sure that we are talking about the same child when we call you back, please tell me the first name of this child or his/her initials.

Child's name

If Parent refuses name, just ask for a **nick name or initials.** 

### CATI Note: Create Q5 as UDF for export to CHAMP

5. If landline, ask: When would be the best time to call your household?

If cell phone, ask: When would be the best time to call you back?

Would you say -

- 1 Daytime
- 2 Evenings
- 3 Weekends

#### Do not read

- 7 Don't know/not sure
- 9 Refused

### CATI: IF Q2 = 1 (BRFSS respondent also CHAMP respondent) or Q3b > 14 then show:

6. INT\_Script1: "In our follow-up survey, we will be asking about the CHILD'S HEIGHT AND WEIGHT. In the next few days, please be sure to measure the child's height with the child's shoes off and with {his/her} back to the wall and weigh {him/her} on a scale with {his/her} shoes off. Thank you for your willingness to participate. The rest of this survey should only take a few more minutes."

### ELSE IF Q3b ≤14 then show:

INT_Script2: "Please be sure to tell (CHILD)"	s
[CATI fill Q3b [see CHAMP vRelate code]:_	]}
that we will be calling in the next two weeks.	Also, please be sure that (CHILD)'s height

that we will be calling in the next two weeks. Also, please be sure that (CHILD)'s height is measured with {his/her} shoes off and back against the wall and weighed on a scale with {his/her} shoes off. We will be asking for (CHILD)'s height and weight in our follow-up survey.

The rest of this survey should only take a few more minutes.

7. Thank you very much, but we are only interested in speaking with the person who knows most about the health of the child. The rest of this survey should only take a few more minutes.

# NC Module 4: Adult Asthma Follow-up (3 Questions)

- 1) If Ever Asthma (C05Q04 >/= 2 No) go to NC Module 5.
- 2) if QSTPATH=1 and Ever Asthma (C05Q04 =1 Yes) and 1+ children in HH (C07Q07 = 1--76) go to NC04Q01

#### Please read

"Previously you said you were told by a doctor that you had asthma. We are conducting a study to learn more about the health of adults who have ever had asthma. The information we collect will help develop and improve asthma programs in North Carolina. We would like to call you back within two weeks to ask some additional questions about your asthma. Even if you agree now, you may refuse to participate in the future. Would it be okay if we called you back to ask some additional asthma-related questions?"

(CATI NOTE: create UDF fields for Q1 and Q2 for use in Asthma Call-back Study)

- 1 (AdltPerm). Okay to call back?
  - 1 Yes
  - 2 No [Go to next NC module]
- **2. (FName)** To make sure we know who to talk to when we call you back, please tell me your first name or initials.

\_\_\_\_\_ Respondent's name

If Respondent refuses name, just ask for a nick name or initials.

**3.CB** What is a good time to call you back?

Would you say Daytime, Evenings or Weekends?

NOTE: If respondent says no best time to call then select 2 for evenings.

- 1 Daytime
- 2 Evenings
- 3 Weekends
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

# NC Module 5: Disability (3 Questions)

1. A disability can be physical, mental, emotional, or communication related. Do you consider yourself to have a disability?

If YES, ask: "Would you say your disability is mild, moderate, or severe"?

- 1 Yes, mild [Go to Q2]
- 2 Yes, moderate [Go to Q2]
- 3 Yes, severe [Go to Q2]
- 4 No [Go to Q3]

### Do not read

- 7 Don't know/Not sure
- 9 Refused

CATI note: If Q1=1, 2, or 3 Ask Q2; Otherwise, go to Q3.

- 2 Has your disability lasted or is it expected to last 12 months or longer?
  - 1 Yes
  - 2 No
  - 7 Don't know/Not sure
  - 9 Refused

- **3.** Because of any impairment or health problem, do you have any trouble learning, remembering, or concentrating?
  - 1 Yes
  - 2 No
  - 7 Don't know/Not sure
  - 9 Refused

# NC Module 6: Folic Acid (1 Question)

Now I want to ask you a question about multivitamins.

1a. How often do you now take a multivitamin?

INTERVIEWER: If SR says they take a vitamin or supplement that is not a multivitamin ask "Do any of the vitamins or supplements you take contain folic acid?" If the response is "Yes" ask "How often do you take a supplement containing folic acid?"

\_\_\_\_ Enter Value 888 Never 777 Don't know / Not sure 999 Refused

- 1b. MARK PERIOD
  - 1 DAY
  - 2 WEEK
  - 3 MONTH

# NC Module 7: Sugar-Sweetened Beverages (2 Questions)

Now I would like to ask you some questions about sugary beverages.

Interviewer note: Please remind respondents to include regular soda that they mixed with alcohol.

1. During the past 30 days, how often did you drink regular soda or pop that contains sugar? Do not include diet soda or diet pop.

Enter Value

#### Do Not Read

- 888 None
- 777 Don't know / Not sure
- 999 Refused

### 1b. MARK PERIOD

- 1 DAY
- 2 WEEK
- 3 MONTH
- **2a.** During the past 30 days, how often did you drink sweetened fruit drinks, such as Kool-aid, cranberry juice cocktail, and lemonade? Include fruit drinks you made at home and added sugar to

Interviewer note: Fruit drinks are sweetened beverages that often contain some fruit juice or flavoring. Do not include 100% fruit juice, sweet tea, coffee drinks, sports drinks, or energy drinks.

Enter Value

### Do Not Read

- 888 None
- 777 Don't know / Not sure
- 999 Refused

#### 2b. MARK PERIOD

- 1 DAY
- 2 WEEK
- 3 MONTH

# NC Module 8: Perceived Nutrition Environment (1 Question)

1. To what degree would you agree with the statement, "It is easy to purchase healthy foods in my neighborhood such as whole grain foods, low fat options, and fruits and vegetables." Would you...

#### Please read:

- 1 Strongly agree
- 2 Agree
- 3 Neither agree nor disagree (neutral)
- 4 Disagree
- 5 Strongly disagree

### Do not read:

- 7 Don't Know/Not Sure
- 9 Refused

# NC Module 9: Use of Trails and Greenways (2 Questions)

- 1. Does your community have trails, greenways, bike paths, or sidewalks for biking, walking, or other activities?
  - 1. Yes
  - 2. No [Go to next NC module]
  - 7. Don't know/not sure [Go to next NC module]
  - 9. Refused [Go to next NC module]
- 2. How often do you use these for biking, walking or other activities? Would you say

# **PLEASE READ**

. . .

- 1. At least once a week
- 2. At least once a month
- A few times per year
- 4. Never
- 7. Don't know/Not sure
- 9. Refused

# NC Module 10: Adult Insurance (3 Questions)

# CATI: if C03Q01 >= 2, go to next NC Module

These next questions are about health insurance coverage.

1. What is your primary health insurance plan? This is the plan which pays the medical bills first or pays most of the medical bills?

**INTERVIEWER NOTES**: The State Employee Health Plan is also called the "North Carolina Teacher's and Employee Health Plan (This is not Blue Cross and Blue Shield). Medicare is a federal health insurance program for people 65 and older or some younger people with disabilities. Medicaid is a state health insurance program for families and individuals with limited financial resources or special circumstances.

### Read 1--10:

- 01 The State Employee Health Plan
- 02 Blue Cross Blue Shield of North Carolina [Go to Q2]
- Other private health insurance plan purchased from employer or workplace
- Other private health insurance plan purchased directly from an insurance company
- 05 Medicare
- 06 Medicaid or Carolina ACCESS or Health Choice
- 07 The military, CHAMPUS, or the VA

- 08 The Indian Health Service
- 09 Other (government plan)

OR

10 No health plan of any kind

#### Do not read:

- 77 Don't know/Not sure
- 99 Refused

# CATI note: If response to Q1 does NOT = 2 (BC/BS of North Carolina), Go to NC03Q03.

2. What type of NC Blue Cross/Blue Shield coverage do you have?

**INTERVIEWER:** If more than one type, ask "Which type do you use to pay for most of your medical care."

### Read 1-7 if necessary:

- 01 Blue Care an HMO (health maintenance organization)
- 02 Blue Options a PPO (preferred provider organization)
- 03 Blue Advantage purchased directly for self or family
- 04 Federal Employee Health Plan PPO plan through federal employment
- 05 Other Blue Cross coverage
- 06 The State Employee Health Plan

### Do not read:

- 77 Don't know/Not sure
- 99 Refused
- 3. When selecting a health care practitioner do you prefer to see someone from your own race or ethnic group?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused

# NC Module 11: Reasons Uninsured (2 Questions)

### CATI: If C03Q01 NE 2 go to next NC Module

1. Earlier you indicated you do not have health insurance coverage. What is the <u>main</u> reason you do not have health insurance?

# **READ ONLY IF NECESSARY**

- 01 Lost job or changed employers
- O2 Spouse or parent lost job or changed employers
- 03 Employer doesn't offer or stopped offering coverage
- O4 Cut back to part time or because temporary employee
- 05 Benefits from employer or former employer ran out
- 06 Could not afford to pay premiums
- 07 Insurance company refused coverage
- 08 Rarely sick; do not need or want health insurance
- O9 Got too old to stay on parents' insurance
- 10 No longer enrolled in school full-time
- 11 Other \_\_\_\_\_(10PEND 30 chars.)
- 77 Don't know

- 99 Refused
- 2. About how long has it been since you had health care coverage?

### **READ ONLY IF NECESSARY**

- within the past 6 months
- 2 within past year
- 3 Within past 2 years
- 4 within past 5 years
- 5 5 or more years ago
- Never had health insurance 6
- 7 Don't know
- 9 Refused

# NC Module 12: Secondhand Smoke (3 Questions)

The next questions are about exposure to secondhand smoke.

# CATI: Ask Q1 If Core Q7.9 = 1 (Employed) or Core Q7.9 = 2 (Self-employed). Otherwise, go to

- 1. On how many of the past 7 days, did someone smoke in your indoor workplace while you were there?
  - \_ \_ Number of days (1-7 days) 5 5 Did not work in the past 7 days

  - 6 6 I do not work indoors most of the time
  - 88 None

#### Do not read:

- 7 7 Don't know / Not sure
- 9 9 Refused
- 2. On how many of the past 7 days, did anyone smoke in your home while you were there?
  - Number of days (1-7 days)
  - \_ \_ 5 5 I was not at home in the past 7 days
  - 88 None

### Do not read:

- 77 Don't know / Not sure
- 99 Refused
- 3. In indoor workplaces, do you think smoking should be allowed in all areas, only some areas, or not allowed at all?
  - All areas 1
  - 2 Some areas
  - Not allowed at all
  - 7 Don't know / Not sure

### 9 Refused

### NOTE: Questions 4 and 5 were asked July through December 2012.

Do you currently live in a ...

#### Read 1--4:

- 1. Detached single family home (does not share an interior wall)
- 2. Apartment, condominium, or townhome sharing a wall with another unit
- 3. A dorm, fraternity/sorority house, or
- 4. Other type of housing

#### Do not read:

- 7. DON'T KNOW/NOT SURE
- 9. REFUSED
- 5. On how many of the past 7 days, did you smell tobacco smoke from someone else's cigarette, cigar, or pipe drifting into your home from nearby apartments or from outside?

Number of days (1-7 days)

- 5 5 I was not at home in the past 7 days
- 6 6 Other (ex. no other homes nearby)
- 8.8 None

### Do not read:

- 7 7 Don't know / Not sure
- 9 9 Refused

# NC Module 13: Tobacco Use Prevention (2 Question)

These next questions are about smoking prevention for both smokers and non-smokers.

- 1. The NC tax on a pack of cigarettes is currently 45 cents and the national average is \$1.46. Would you favor or oppose raising North Carolina's cigarette tax by \$1.00 if part of the tax revenue was used to help reduce smoking?
  - 1 Favor
  - 2 Oppose
  - 7 Don't know / not sure
  - 9 Refused
- 2. A state-level lawsuit against tobacco companies was settled in 1998. Since that time, tobacco companies are required to pay millions of dollars annually to the state of North Carolina. Do you favor or oppose using some of those settlement dollars for programs to reduce tobacco use.

**INTERVIEWER -- IF NEEDED**: The states brought Medicaid lawsuits against tobacco companies to recover their tobacco-related health-care costs. The final agreement is known as the Tobacco Master Settlement Agreement.

1 Favor

- 2 Oppose
- 7 Don't know / not sure
- 9 Refused

# NC Module 14: TRU Campaign (1 Question)

1. In the last 12 months, have you heard about or seen the North Carolina TRU (pronounced TRUE) (or Tobacco.Reality. Unfiltered.) media campaign directed at preventing tobacco use among youth?

# If YES ask: "Have you seen or heard about the campaign more than once?"

- 1 Yes, more than once
- 2 Yes, only once
- 3 No

#### Do not read:

- 7 Don't know/Not sure
- 9 Refused

# NC Module 15: Quit Now NC (1 Question)

- 1. A telephone quitline is a free telephone-based service that connects people who smoke cigarettes or use tobacco products with trained quit coaches who can help them quit. Have you heard of the North Carolina Tobacco Use Quitline at 1-800-QuitNow or the website, QuitlineNC.org as a resource to help tobacco users quit?
  - 1 Yes
  - 2 No [Go to next NC module]
  - 7 Don't know/Not sure [Go to next NC module]
  - 9 Refused [Go to next NC module]

# NC Module 16: Other Tobacco Products (1 Question)

### CATI: If C09Q02 >= 3 go to next NC module

- 1. In situations where you cannot smoke, do you use any of the following products: chewing tobacco, snuff, snus, nicotine water, dissolvable tobacco products such as orbs or strips, or electronic cigarettes?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refuse

# NC Module 17: Smoking Cessation (1 Question)

# CATI: If C09Q02 >= 3 go to Next NC Module

These next questions are about quitting smoking.

- 1. In the past 12 months, did any doctor, dentist, nurse, or other health professional advise you to quit smoking cigarettes or using any other tobacco products?
  - 1 Yes
  - 2 No
  - 7 Don't Know/Not Sure
  - 9 Refused

# NC Module 18: Gambling (5 Questions)

"The next few questions are about gambling. By gambling we mean any time a bet is made or games are played for money. This includes poker, casino gambling, scratch card games, or the lottery."

**1a.** In the past 12 months, have you gambled or played any games for money?

IF YES, say: "How many times per day, per week, or per month did you gamble or play any games for money?"

- \_ \_ \_ Enter value [if 0 is entered Go to next module]
- No/Never gambled or played for money [Go to next module]
- 777 Don't know/Not sure [Go to next module]
- 999 Refused [Go to next module]
- 1b. MARK PERIOD
  - 1 DAY
  - 2 WEEK
  - 3 MONTH
- 2. How much money do you usually wager on a day when you play for money?
  - .\_\_\_ :Dollars (for \$1 or less enter 0001)

6666 If more than \$5000

7777 Don't know/Not sure

8888 None

9999 Refused

- 3. Have you ever tried to cut down or control your gambling?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- **4.** Have you ever lied to family members or friends about how much you gamble or how much money you have lost gambling?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 5. Have there ever been periods for 2 weeks or more when you spent a lot of time thinking about gambling or planning future gambling?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused

# NC Module 19: Sexual Orientation (1 Question)

Now I'm going to ask you a question about your sexual orientation. I want to remind you that your answers are kept confidential and you don't have to answer any question if you don't want.

1. Do you consider yourself to be

### Please Read

- 1. Heterosexual or straight IF NEEDED: A person who has sex with and/or is primarily attracted to people of the opposite sex.
- 2. Homosexual, gay, or lesbian IF NEEDED: A person who has sex with and/or is primarily attracted to people of the same sex.
- 3. Bisexual IF NEEDED: A person who has sex with and/or is attracted to people of either sex.
- 4. Or something else?

#### Do not read

- 7. Don't know/Not sure
- 9. Refused

[IF NEEDED: Research has shown that some sexual minority community members have important health risk factors, such as smoking. We are collecting information about sexual orientation to learn whether this is true in North Carolina. You don't have to answer any question if you don't want.].

# **Closing Statement**

# Please read:

That was my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.